



Toongabbie West Public School P&C

Canteen Menu and Price List

Prices Valid as of Term 1 Week 1, 2024

Our canteen is committed to providing delicious healthy meals at reasonable prices.

After great work from our canteen team we are now accredited as a healthy school canteen.

The canteen is run by the P&C Committee and Parent Volunteers.

Canteen helpers are always welcome, please leave your name and phone number at the office.

We are open Mondays and Wednesdays

Points to remember when ordering from the canteen.

- Orders can be placed online at www.quickcliq.com.au no later than 8:45am. Brown bags will be provided for all online orders
- All orders must be written on a brown paper bag, they can be purchased from Coles or Woolworths, if a brown bag needs to be supplied there will be a charge of 20c
- Reusable lunch Bags available from the school Uniform shop or can be added to your over the counter order for \$10.
- All orders must have your child's name, class and order clearly marked on the front of the bag.
- Halal Products are available for all our Chicken menu.
- All hot food must be ordered as there are limited over the counter sales.
- Orders should be placed in the letterbox at the front of the canteen before 9am or in canteen directly after 9am.

Crunch and Sip Offer

Fresh Fruit in season and a 250ml Bottled Water

\$1.50

Available Monday and Wednesday only

Orders need to be placed at canteen by 9am so they can be delivered to
Your child's class by 9:30am

Hot Food

Potato Gems each (Edgell).....	20c O, V
Hot Cheese Roll	\$2.00 E, V
GoGo Garlic Bread 75g (Good Tucker Bakery)	\$1.50 O, V
Party Beef Pie 110g (Mrs Mac's Lite'n Up)	\$1.00 O
Chicken Breast Nuggets Premium 20g (Steggles):	
x3	\$2.00 O H
x6	\$3.50 O H
Vegetarian Nuggets:	
x3	\$2.50 E, V
x6	\$4.50 E, V
Classic Crumb Tender 100g (Steggles).....	\$1.50 O H
Chicken Burger (Steggles crumbed chicken patty 100g) with lettuce & mayo.....	\$4.50 O H
Chicken Burger (Grilled chicken breast 85g) with lettuce & mayo.....	\$4.50 E H
Hamburger with lettuce, tomato & sauce.....	\$4.50 E H
Vege Burger with lettuce & mayo.....	\$4.50 E, V
Hot Ham & Cheese Roll	\$3.50 E
Beef Lasagne 200g (Allied Chef).....	\$3.50 E
Fried Rice 200g (Allied Chef).....	\$3.50 E
Macaroni & Cheese 200g (Allied Chef).....	\$3.50 E, V
Pasta Twista 200g (Allied Chef).....	\$3.50 E
Vegetable Lasagne 200g (Allied Chef).....	\$3.50 E, V
Hot Dog 98% fat free 50g (Includes Sauce) (Hans).....	\$3.00 O H
Beef Pie 175g (Mrs Mac's Lite'n Up).....	\$3.50 O
Sausage Roll 120g (Mrs Mac's Lite'n Up).....	\$2.50 O H
Ham & Pineapple Pizza (Allied Chef).....	\$3.50 O
Cheese Pizza (Allied Chef).....	\$3.50 E, V
Meat Lovers Pizza (Allied Chef).....	\$3.50 O
Cup of Soup Chicken Noodle	\$2.00 E
Cup of Soup Vegetable	\$2.00 E, V
Toasted Sandwich (Cheese/Ham/Tomato)	\$3.00 E
Cheese and Spinach roll 90g (Good Tucker)	\$3.50

E = EVERYDAY FOODS

O = OCCASIONAL FOODS

V = VEGETARIAN FOODS

Sandwiches - Made on Hi-Fibre Bread

Plain Buttered Bread	\$2.00 E, V
Vegemite	\$2.00 E, V
Cheese	\$2.00 E, V
Ham	\$3.00 E
Roasted Chicken Breast Strips	\$3.50 E
Tuna	\$3.00 E
Salad (Lettuce, Tomato, Carrot & Beetroot)	\$3.00 E, V
Egg	\$3.00 E, V
Egg & Lettuce	\$3.00 E, V

Wraps - Wonder White Hi-Fibre Soft

Ham & Salad	\$4.00 E
Roasted Chicken Breast Strips & Salad	\$4.00 E
Tuna & Salad	\$4.00 E
Salad (Lettuce, Tomato, Carrot & Beetroot)	\$3.50 E, V
Chicken Tender, Lettuce & Mayo	\$4.50 E

Salads

Ham & Salad	\$3.50 E
Roasted Chicken Breast Strips & Salad	\$3.50 E
Tuna & Salad	\$3.50 E
Salad (Lettuce, Tomato, Carrot & Beetroot)	\$3.00 E, V
Chicken Caesar Salad	\$4.50 E

Dressing is available - Caesar, Mayo, French & Ranch

Extras

Rolls White	\$1.00 E, V
Cheese Slice	50c E, V
Tomato Slice	50c E, V
Pineapple Slice	50c E, V
Sauce Portion - Tomato & BBQ	50c
Reusable Lunch Bags	\$10.00

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Snacks

Fresh Fruit in season	\$1.00 E, V
Carrot Sticks	50c E, V
Air Popped Popcorn	\$1.00 O
Vanilla Custard Cup 70g (Brooke)	\$1.00 E
Golden Pikelet 25g	50c E
Raisin Bread/Toast (Tip Top)	\$1.00 E
Corn Cobette	50c E, V
Bread Stick 6.25g	20c E, V
Boiled Egg	\$1.00 E, V
Vita Wheat Biscuits with Vegemite	\$1.00 E
Diet Jelly Cup	\$1.00 O
Diet Jelly Cup with Vanilla Custard	\$1.50 O
Sea Salt chips	\$1.00

Drinks

Hot or Cold Milo	\$1.00 E
Moo Chocolate or Strawberry 200ml (Devondale)	\$1.50 E
Juice 99% Juice Apple, Appleblackcurrant	\$1.50 E
Bottled Water 600ml	\$1.00 E, V
Bottled Water 250ml	50c E, V
Sippah Straw - Choc, Choc-Mint, Cookies & Cream	\$1.50 E
Chill J 250ml bottle- Blackcurrant, Apple Coola, Grape, Lemonade, Raspberry, Watermelon	\$2.50 E
Fruchilla 99% Fruit Juice Small Slushie	\$1.00 E

Frozen Items

Moosies - Chocolate & Blue Moon	\$1.50 O
Low Fat Vanilla Ice Cream Cup 100ml (Everest)	\$1.50 O
Juicies Tube (Tropical & Lemonade)	\$1.50 E
Snap Stix-Sour (Raspberry, Sour watermelon).....	\$1.00 O
Zooper Dooper Sugar Free	50c

E = EVERYDAY FOODS

O = OCCASIONAL FOODS

V = VEGETARIAN FOOD

H = HALAL FOODS