

Toongabbie West Public School

Building Educational Success Together

Ballandella Road Toongabbie; Phone: 02 9631 3610

We would like to show respect and acknowledge the Darug People, the Traditional Custodians of the Land.

Newsletter: 5 November 2019 Term 4 Week 4

For further information, visit our web page at: <http://www.toongabwst-p.schools.nsw.edu.au/>

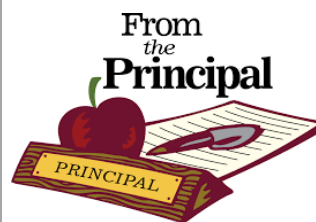
If you would like to receive a newsletter electronically,
please email toongabwst-p.school@det.nsw.edu.au and include your child's name and class.

CALENDAR

| | |
|--------|-------------------------------|
| 6 Nov | State Athletics |
| 7 Nov | State Athletics |
| 7 Nov | Kindergarten 2020 Orientation |
| 14 Nov | Kindergarten 2020 Orientation |
| 21 Nov | Kindergarten 2020 Orientation |
| 26 Nov | Yr 6 Gala day 11am-1pm |
| 28 Nov | Kindergarten 2020 Orientation |
| 3 Dec | P&C Meeting |

From the Principal's Desk

DEAR PARENTS AND CAREGIVERS



From
the
Principal

It seems every year I have to try and find new words to describe the Halloween Carnival, it really is a highlight of the year in our area. Visitors come from far and wide, ex-students who have moved away come back, students who have moved to high school return, parents and

families come and join in to make the day an extraordinarily, phantasmagorical, fabulously, incredibly prodigious huge event.....

A very grand thank you to the P&C Carnival organisers, their hard work over many weeks really helps for the whole day to go smoothly (even with a bit of wind on the day to raise nightmare memories of a few years ago). **The secret is that they are also already planning for next year....** Your dedication is appreciated by all, from the committee to the people who helped set up, clean up, cook cakes or bring donations in for the stalls. It is a group effort and I am really thankful for such an awesome group of helpers.

Next week I will unfortunately be away having ankle surgery, in my absence Mrs Sant will be your first point of call. I will be in communication with her regarding any issues I have been dealing with. Rest assured any issues will be dealt with promptly and safely. Please be supportive of your child's teacher as we approach the second half of term 4, encourage good supportive behaviour at all times.



SAFETY - On occasions safety becomes an issue in and around school:

- traffic and not using the crossing to get to school
- possible approaches by strangers to students, it is of vital importance to be vigilant and know where your child is at all times and who they are with
- if your child uses social media, please supervise them very closely, it is all too easy to have contact on-line with people who can be dangerous and manipulative and your child deserves to be aware of and protected from these people (along with simple games where financial costs can take place without you being aware).

This week there have been numerous reports and confirmed incidents of children being approached in our area and also online by strangers. Please be very vigilant, know where your children are without being over protective, know what they are doing and with who, both in the community and also on-line.

If there is any issue at all, please call the police immediately, either '000' or the help line on '131444'. They can help. Facebook notifications and reporting will only add gossip to the community and not provide immediate support or safe responses to protect children.

Often parents hear of an issue involving their child, the correct way to approach this is to speak to your child's teacher or come to the office and make an appointment to speak to someone. For Child Protection reasons no approach should be made directly to the students you believe are involved, or as a precaution attempt to speak to their parents. Often the issues may not be as you are being told and an approach to school is needed, and then school can approach the parents concerned.

EXPECTED BEHAVIOUR AT SCHOOL

I am disappointed to see and have to deal with behaviour issues, especially in our senior student group. This is unacceptable and they are putting their final term at school at risk of being a bad memory both for themselves and also others, who are influenced or impacted by their poor choice of behaviour.

YEAR 6 FAREWELL

Notes for this event will be going home soon. The Year 6 Farewell is a highlight of the schooling calendar and a fitting way for Year 6 students to complete their final year of Primary schooling. The evening is due to take place on Wednesday 11th December at Lily's Function centre. Being a school event this is a no alcohol evening and is always a great way to end the year. Please note, any Year 6 student suspended from school or receiving behaviour warnings from this Thursday, 7th November, up until the 11th December will be deemed ineligible to attend this event.

KINDERGARTEN 2020

Enrolments for Kindergarten 2020 are now due. If you have a child or know of someone with a child starting school next year, please complete an enrolment form and return to the school office as soon as convenient, if your child is not returning please inform us of this as well. Classes for 2020 are being set now and numbers are needed to allocate students to determine staffing needs.

WALK SAFELY

Always hold your children's hands - when walking on the footpath, in the car park and when crossing the road - until they are at least 8 years old.

When your children are between 8 and 10 years old, supervise them very closely when they are near traffic and crossing the road.

When you decide to let your children over 10 years old walk to and from school by themselves, plan the journey together. Practise being a safe pedestrian by:

- keeping to the left of the footpath
- being aware of vehicles coming in and out of driveways
- not being distracted by mobile devices or by other people
- using a safe, alternative way home in wet weather
- showing respect to other pedestrians.

STOP! one step back from the kerb. **LOOK!** continuously look both ways. **LISTEN!** for the sounds of approaching traffic. **THINK!** is it safe to cross?

EMOTIONS CAMPAIGN

ARTICLE 2

"Evidence shows the best predictors of a child's future happiness are the emotional wellbeing and strength of their family....and the skills they take with them on their journey through life."

That's why our school is committed to Family Connect. Together as a whole school community, we are making an investment in our children by ensuring they are able to express emotions in a healthy way. Now, join us in the Family Connect 'Emotions Challenge'.

To find out how, go to go to www.familyconnect.org.au

APPROACHING YOUR SCHOOL

A parent and community guide for seeking information and expressing concerns

All contact is initially made through the Admin Office.

From time to time parents or other members of the school community may need to approach the school in order to:

- Discuss the progress or welfare of your own child
- Express concern about actions of other students
- Enquire about school policy or practice

It is therefore necessary to have procedures that will help solve problems as soon as possible so that a safe and harmonious school environment is maintained. The best results usually flow from working together.

These guidelines aim to:

- provide a guide in order that concerns are dealt with in an open and fair manner
- ensure that the rights of students, teachers and parents are respected and upheld
- support sensitivity and confidentiality
- help reach an agreed solution.

On occasion, concerns may cause frustration and anxiety. At such times it is always important to organise a time to talk with school staff in an unhurried and confidential atmosphere.

- Trying to talk to teachers when they are trying to teach, manage children or engaged in another conversation is inappropriate.

Teachers, parents and community working together for successful schooling



| CONCERN | APPROPRIATE ACTION |
|-------------------------------|--|
| The academic progress of your | * Directly contact the child's teacher either by note, by phone or in person via the office, to arrange a suitable time to discuss any issues. |
| The welfare of your own child | <p>* For minor issues directly contact your child's teacher, via the office, to clarify information.</p> <p>* For more serious concerns, contact office. State nature of concern and arrange a suitable time to talk with class teacher or appropriate staff member.</p> <p>* To convey information about change of address, telephone number, emergency contact, custody details, health issues etc. Please contact</p> |
| Actions of other students | <p>* Contact the class teacher for a classroom problem.</p> <ul style="list-style-type: none"> Contact the stage supervisor or principal for playground problems. <p>AT NO TIME SHOULD A PARENT APPROACH ANOTHER CHILD OTHER THAN THEIR CHILD TO ADDRESS AN ISSUE AT SCHOOL.</p> |
| School policy or practice | * Contact office. State nature of concern and make an appointment to see the principal and/or appropriate member of staff. |

Toongabbie West Public School



KINDERGARTEN TRANSITION TO SCHOOL PROGRAM

- ◆ Thursday 7 November 2019
- ◆ Thursday 14 November 2019
- ◆ Thursday 21 November 2019
- ◆ Thursday 28 November 2019

Time: 9:15am to 10:45am

Parent Meeting:

Thursday 5 December 2019

at 6:30pm

School Contact:

Phone 9631 3610



The simplest way

... to get enough calcium.

The biggest opportunity to build strong bones is in childhood, when children are still growing.

This is why it is extremely important that children eat enough calcium rich foods such as milk or calcium fortified dairy alternatives (e.g. soy milk), cheese and yoghurt. Visit the dairy section of our [lunch box builder](#) to see how many dairy serves your child needs and to get calcium rich lunch box ideas.



Visit healthylunchbox.com.au and try these calcium rich recipes:

- [Minty yoghurt dip](#)
- [Berrylicious smoothie](#)
- [Turkish, avocado, ricotta & tomatoes](#)
- [Easy Pizza](#)

healthylunchbox.com.au

LIFT OFF!

Friendly Parenting Tips

Tip #10

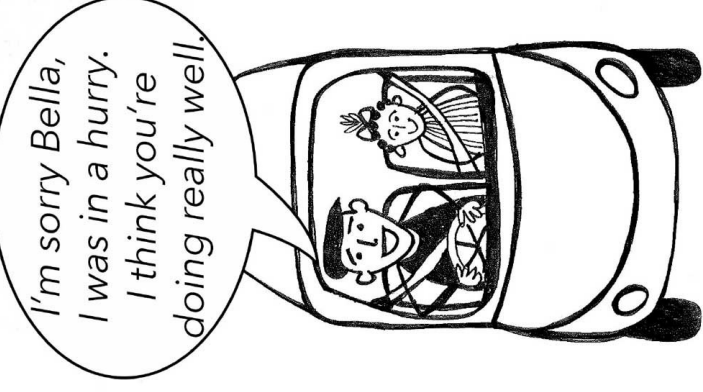
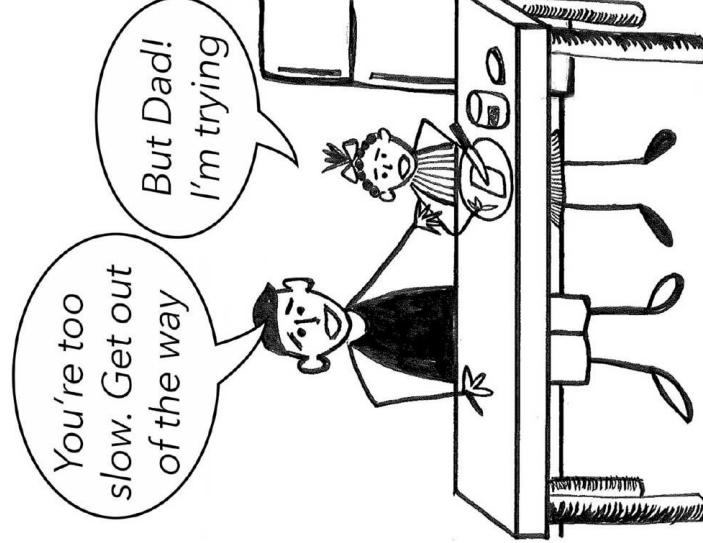
Take responsibility for our behaviour when we react with anger or frustration.

Why is this good for your child?

It builds trust and restores the loving connection again. It also role models self-responsibility.

Try this...

When you realise you have over reacted, apologise and take responsibility for your hurtful behaviour.



GO BOLD!

Come and Try Girl Guides

A night full of fun, Guiding, Meeting new friends, Face paint and more!

Do you have a daughter aged 7 to 9?

Toongabbie Junior Girl Guides is holding a Come and Try night.

When: 11th of November

Time: 6pm till 7:30pm

Where: Toongabbie Girl Guide, Junia Avenue, Toongabbie

What is Guiding?

- A **unique** experience- a safe space for **girls** aged 5-17 years.
- Girls access a great variety of activities year round including **outdoors** to develop their overall **confidence** and **leadership** skills.
- **Opportunities** to discover new interests, develop their talents.
- Have **fun** and share the experience with a group of **friends**.
- **Girl led** :which means that the girls help choose their activities and events.
- Assisted by volunteer leaders who encourage the Guides to learn **new skills** and take on **new challenges**.



GIRL GUIDES
AUSTRALIA

If interested, please RSVP or contact for more details:

Alison Lipscombe

0421751549

alisonlipscombe@yahoo.com.au



SUNNY KIDS HOLIDAY WRITING CAMPS

Imagine. Create. Learn.

School Holiday Writing Workshops Presented by Award-Winning Author Alesah Darlison
8:30am – 3:00pm * Ages 7 – 14 years * 2 Dates for January 2020!

Wednesday 15 January: Pets & Animals Picture Books

Bring photos of your pet or favourite animal along so you can plan, write and illustrate a picture book about it.

Thursday 16 January: Everybody Loves Llamas!

Create a Hilarious Secret Agent Llama Character, Write a Funny Llama Story, and Learn to Draw Llamas.

Venue: John Curtin Meeting Room, John Curtin Reserve, 21 Huxley Drive, WINSTON HILLS NSW

Drop off and registration from 8:30am. Workshop commences at 9:0am sharp.



Enjoy a full day writing camp with one of Australia's most popular children's authors working in a tutorial/class environment with one-on-one time throughout the day plus instructions and advice on writing. Each day's program offers variety and includes both elements of writing and drawing.

Tickets through Eventbrite: www.eventbrite.com.au/e/78157752943



GREENLEAF PRESS
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www.greenleafpress.net

FB: www.facebook.com/greenleafpress

THINGS TO REMEMBER

When visiting friends or playing sports it's important to remember your personal safety.

Here are some safety rules to remember.

TELL SOMEONE

- Where you are going
- What time you will be home
- Who you are with
- If you change your plans



If you are late or change your plans, call your parents or carer and let them know



Always travel with a friend



REMEMBER
If you are unsure or feel unsafe, then it's ok to say no or break a rule to get away